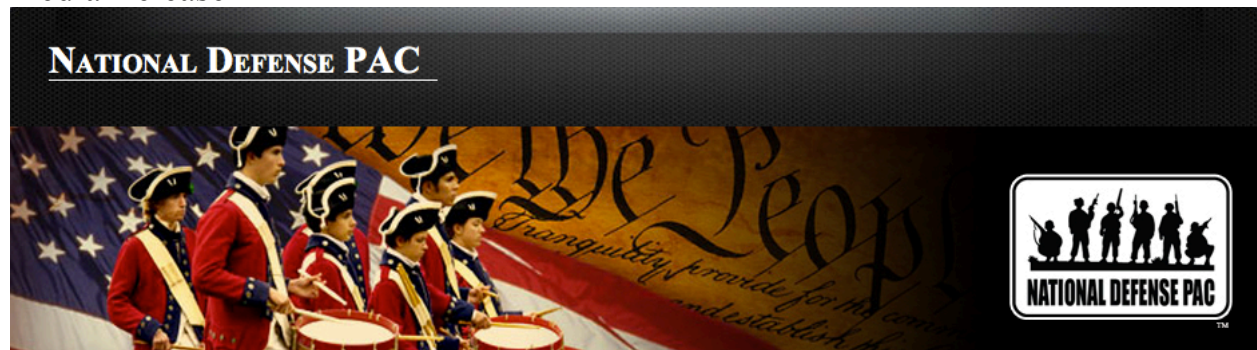


## Media Release



March 6, 2014  
For Immediate Release

WASHINGTON, D.C.-- **NATIONAL DEFENSE PAC** today announces with pride its endorsement of **Howard R. ("Howie") Lind, Commander, US Navy (ret)** to represent the 10<sup>th</sup> District of the Commonwealth of Virginia in the United States Congress. Commander Lind was commissioned through Officer Candidate School in November, 1980. As a Surface Warfare Officer, he served on the USS Stein, USS Dewey, USS Valdez, USS Yorktown, USS Caron and was the Chief Information Officer under Vice Admiral Hank Giffin. After his naval career, he was appointed by President George W. Bush to help lead reconstruction efforts in both Iraq and Afghanistan.

**NATIONAL DEFENSE PAC Chairman Rear Admiral James J. Carey, USN (ret)** stated, "Howie brings a wide berth of experience and knowledge about the workings of the United States Navy and the Department of Defense. We need to send people to Congress who understand the true impact of budget cuts and if those cuts are strategic or being done capriciously from lack of background and in-depth knowledge. Howie Lind is a voice and a vote that we need in our Congress, immediately, before anymore damage to our Armed Forces is rendered."

As Howie says, "The current reductions across the military have been huge; the vast majority of the total government budget reductions over the last 24 months have been borne by the Department of Defense, and now the Obama team is looking for more – taking the military services below levels not seen in 40 years."

Commander Lind has been awarded the Defense Meritorious Service Medal, Meritorious Service Medal, Navy commendation Medal (2), Navy Achievement Medal(2), Joint Service Special Operations Medal, Southwest Asia Service Medal, Humanitarian Service Meal (2), Coast Guard Special Operations Medal, Rifle Expert Medal and the Pistol Expert Medal

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National Defense PAC 703-350-0184